

# 34th DON ZETNICK ARLINGTON WINTER RUN 10K Run/Walk

(Held at The MAC, UTA Campus, Arlington, TX on 12/3/2011) [Cloudy with a few sprinkles, 52 Deg F / 11 Deg C](#)

*(Benefits YMCA of Arlington.)*

**(Chip-timed finishers: 71 Female; 102 Male)**

(Original results produced by RunTIME Racing Services [info@run-time.com](mailto:info@run-time.com) [www.run-time.com](http://www.run-time.com))

(Results re-processed and re-formatted by Jeph Abara [jephaa@yahoo.com](mailto:jephaa@yahoo.com) [www.runningintheusa.com/jeph](http://www.runningintheusa.com/jeph) )

First Name	Last Name	Gender	Age	Age grp	Bib#	Chip Time	Avg Pace per Mile	In Age Group	Overall		"Gun" Time
									Place In	Place Gender	
<b>Female Overall Winner</b>											
FRANCES	MCKISSICK	F	49	45-49	1319	44:17.9	7:08/M		1	25	44:20.2
<b>Female Masters Winner</b>											
STEPHANIE	MULLIN	F	42	40-44	1325	44:46.5	7:13/M		2	26	44:47.9
ALYSSA	DAILY	F	10	12-Under	1262	58:05.9	9:21/M	1	18	87	58:08.2
KELSI	WENGENT	F	12	12-Under	886	59:06.9	9:31/M	2	21	94	59:33.1
LEAH	HINE	F	10	12-Under	1107	1:08:15.4	10:59/M	3	44	130	1:08:38.3
ALEASHA	ATHON	F	20	20-24	1361	51:45.0	8:20/M	1	5	57	52:22.6
STEPHANIE	RICKELS	F	24	20-24	1336	52:27.8	8:27/M	2	7	61	52:53.1
ANGIE	HINDMARSH	F	24	20-24	1582	1:06:34.1	10:43/M	3	40	126	1:06:48.2
MINDY	FRANCISCO	F	28	25-29	1263	57:47.4	9:18/M	1	17	86	58:09.2
MELODY	BAKER	F	29	25-29	1277	1:01:06.6	9:50/M	2	25	101	1:01:21.9
SARAH	DOUGLAS	F	29	25-29	1295	1:02:26.8	10:03/M	3	27	105	1:02:41.3
ERIN	BAKER	F	29	25-29	862	1:04:18.1	10:21/M	4	33	115	1:04:33.9
TIFFANY	ADKINS	F	25	25-29	1479	1:06:06.0	10:39/M	5	39	124	1:06:48.0
DIANA	MUNGALL	F	27	25-29	1326	1:09:44.8	11:14/M	6	47	134	1:10:33.4
JESSICA	HUGHES	F	27	25-29	1415	1:14:18.7	11:58/M	7	56	147	1:15:05.9
TRACY	DOBBINS	F	34	30-34	1460	56:52.3	9:09/M	1	16	81	57:03.7
BLANCA	DELAGARZA	F	34	30-34	1252	1:00:21.3	9:43/M	2	24	98	1:00:45.5
LINDSAY	WILKERSON	F	30	30-34	1402	1:11:43.4	11:33/M	3	51	139	1:12:30.3
CAROL	JOHNSON	F	34	30-34	865	1:44:26.2	16:49/M	4	71	173	1:44:59.6
GWENDOLYN	JOHNSON	F	39	35-39	1313	52:41.5	8:29/M	1	8	63	52:56.0
MORGAN	KIANI	F	39	35-39	864	58:51.6	9:29/M	2	19	91	59:00.7
CRYSTAL	INTFEN	F	36	35-39	897	58:55.1	9:29/M	3	20	92	59:19.2
VERONICA	CANO	F	36	35-39	1397	59:48.6	9:38/M	4	23	96	1:00:02.7

## Overall

First Name	Last Name	Gender	Age	Age grp	Bib#	Chip Time	per Mile	Place	Place	Place	"Gun" Time
								In Age	In	(All Finishers)	
HEATHER	HERNANDEZ	F	37	35-39	1419	1:01:47.3	9:57/M	5	26	103	1:02:38.4
ANDREA	HOWELL	F	35	35-39	1267	1:03:56.0	10:18/M	6	31	112	1:04:19.2
JACKIE	FRANKLIN	F	39	35-39	1516	1:04:23.1	10:22/M	7	34	116	1:04:43.4
KATIE	KIM	F	36	35-39	1315	1:05:43.1	10:35/M	8	37	121	1:06:00.6
KELLY	CLARK	F	39	35-39	1283	1:05:43.5	10:35/M	9	38	122	1:06:00.7
ENID	WANGAI	F	37	35-39	1462	1:07:17.9	10:50/M	10	41	127	1:09:04.0
ADRIENNE	VAUGHAN	F	35	35-39	1349	1:16:31.2	12:19/M	11	61	154	1:16:58.7
KARIN	LEE	F	37	35-39	1420	1:26:05.3	13:52/M	12	67	163	1:26:44.3
ELIZABETH	LAWRENCE	F	43	40-44	1316	49:34.0	7:59/M	1	3	44	49:40.2
SAKINA	VIDACAK	F	41	40-44	1351	55:48.1	8:59/M	2	13	78	56:08.7
LISA	FLYNN	F	41	40-44	1254	56:10.5	9:03/M	3	14	79	56:42.9
KIMBERLEY	SALINAS	F	43	40-44	1340	56:10.6	9:03/M	4	15	80	56:20.8
CRISTINE	DIXON	F	41	40-44	1292	1:10:46.6	11:24/M	5	48	135	1:10:54.2
HEATHER	GARDNER	F	43	40-44	1413	1:11:08.6	11:27/M	6	49	137	1:11:35.6
TRICIA	FINLEY	F	41	40-44	1299	1:12:52.7	11:44/M	7	53	142	1:13:09.1
ANGIE	MIDDLETON	F	40	40-44	1533	1:12:57.1	11:45/M	8	54	143	1:13:12.7
JENNIFER	HUSBAND	F	42	40-44	1310	1:15:14.6	12:07/M	9	57	149	1:15:45.2
CYNDRA	TEMPLETON	F	44	40-44	1478	1:16:30.2	12:19/M	10	59	152	1:17:17.5
CARRI	BAO	F	41	40-44	1482	1:16:30.3	12:19/M	11	60	153	1:17:17.6
SHARON	MORGAN	F	43	40-44	1394	1:20:07.7	12:54/M	12	64	158	1:21:02.1
SHERRI	KNOX	F	40	40-44	1464	1:24:58.7	13:41/M	13	66	162	1:25:54.2
SHANNA	BIRDSONG	F	40	40-44	1387	1:32:18.1	14:52/M	14	68	167	1:33:13.6
BRIANA	LAVELLE	F	43	40-44	1386	1:32:18.4	14:52/M	15	69	168	1:33:13.3
MONICA	WILLIAMSON	F	48	45-49	869	50:07.4	8:04/M	1	4	48	50:16.8
MARIAN	CRYER	F	48	45-49	1287	54:26.1	8:46/M	2	11	70	54:55.5
ELIZABETH	SANDERS	F	47	45-49	1341	1:03:51.0	10:17/M	3	30	111	1:04:16.4
MARYLYNN	MCCLENDON	F	45	45-49	1256	1:07:46.6	10:55/M	4	43	129	1:08:19.4
BETTINA	BOSSARD	F	46	45-49	1461	1:11:09.4	11:27/M	5	50	138	1:11:35.8
MARIE	HUTCHINSON	F	52	50-54	1573	52:59.8	8:32/M	1	9	64	53:04.8
TINA	KIEFER	F	51	50-54	1546	53:09.3	8:34/M	2	10	65	53:13.6
JUDY	HAYES	F	50	50-54	1440	55:23.8	8:55/M	3	12	73	55:34.7
DARBY	ANDREASEN	F	50	50-54	1275	59:27.2	9:34/M	4	22	95	59:46.6
SALLY	SCHEIB	F	54	50-54	1343	1:04:10.7	10:20/M	5	32	114	1:04:47.5
MAHNAZ	DARVISHY	F	53	50-54	863	1:04:38.4	10:24/M	6	35	117	1:04:46.9
DEBORAH	MCVEAN	F	54	50-54	1320	1:04:47.7	10:26/M	7	36	119	1:05:23.5
SANDY	HINDMARSH	F	50	50-54	1390	1:08:24.9	11:01/M	8	45	132	1:08:39.1
JANA	LEA	F	53	50-54	1317	1:09:44.0	11:14/M	9	46	133	1:10:22.5

## Overall

First Name	Last Name	Gender	Age	Age grp	Bib#	Chip Time	per Mile	Place	Place	Place	"Gun" Time
								In Age	In	(All	
Avg Pace											
Group											
Gender											
Finishers											
JO	RABBERS	F	53	50-54	1272	1:12:38.0	11:42/M	10	52	141	1:13:23.9
DELANA	WILLIAMS	F	51	50-54	1353	1:16:25.8	12:18/M	11	58	150	1:16:51.9
SHELLY	HAMEDI	F	51	50-54	1481	1:18:02.8	12:34/M	12	63	156	1:18:46.3
COLLEEN	REBANT	F	56	55-59	1334	51:54.2	8:21/M	1	6	59	51:54.2
CYNTHIA	SHEPARD	F	57	55-59	1442	1:03:36.6	10:14/M	2	29	108	1:03:49.9
SHIRLEY	PAVLAK	F	59	55-59	1328	1:42:36.0	16:31/M	3	70	172	1:43:19.5
CHRISTA	TRACY	F	60	60-64	1488	1:03:34.6	10:14/M	1	28	107	1:04:38.9
RITA	CONEJO	F	62	60-64	1285	1:07:19.1	10:50/M	2	42	128	1:07:36.5
PATRICIA	VILLIERS	F	63	60-64	1483	1:14:11.4	11:57/M	3	55	146	1:14:56.2
SUSAN	FORTIN	F	66	65-69	1302	1:22:58.0	13:22/M	1	65	161	1:23:48.3
MIA	COATS	F	71	70-74	861	1:17:44.6	12:31/M	1	62	155	1:18:09.8

## Male Overall Winner

CODY	WIDNER	M	20	20-24	1542	33:46.1	5:26/M		1	1	33:46.1
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## Male Masters Winner

JAMES	JACKSON	M	45	45-49	1540	34:55.5	5:37/M		4	4	34:55.5
KELTON	VINEYARD	M	11	12-Under	1269	48:42.1	7:51/M	1	37	39	49:04.5
BRYAN	GUTHRIE	M	10	12-Under	1265	49:02.4	7:54/M	2	39	41	49:03.8
ZACH	WHARTON	M	12	12-Under	1270	49:44.8	8:01/M	3	43	46	50:02.7
ZANE	WHARTON	M	10	12-Under	1271	1:04:08.0	10:20/M	4	82	113	1:04:12.3
MASON	VAUGHAN	M	8	12-Under	1350	1:16:26.5	12:18/M	5	93	151	1:16:54.5
BEN	MARSHALL	M	10	12-Under	1257	1:39:06.0	15:57/M	6	100	169	1:39:25.2
VICTOR	DELPRINCIPE	M	15	13-15	1260	45:25.3	7:19/M	1	26	28	45:44.5
RICKY	DELPRINCIPE	M	15	13-15	1259	55:47.4	8:59/M	2	65	77	56:05.1
BRYCE	NYE	M	13	13-15	1536	59:00.7	9:30/M	3	73	93	59:09.7
RYAN	DIXON	M	14	13-15	1293	1:18:47.1	12:41/M	4	94	157	1:18:51.7
EMIL	BLOMBERG	M	19	16-19	1465	34:53.8	5:37/M	1	3	3	34:53.8
ROBERT	GRIBBLE	M	18	16-19	1455	35:49.2	5:46/M	2	6	6	35:50.0
AARON	PURSER	M	19	16-19	1332	36:10.8	5:49/M	3	9	9	36:10.8
MASON	WROBEL	M	18	16-19	1589	37:36.8	6:03/M	4	12	12	37:36.8
PETER	ARNOLD	M	17	16-19	890	42:23.3	6:50/M	5	19	19	42:23.3

First Name	Last Name	Gender	Age	Age grp	Bib#	Chip Time	Avg Pace per Mile	Overall			
								Place	Place	Place	"Gun" Time
								In Age	In	(All	
								Group	Gender	Finishers	
CLAY	MULLENS	M	16	16-19	894	44:13.7	7:07/M	6	23	23	44:14.9
CARTER	WILKERSON	M	17	16-19	866	45:57.9	7:24/M	7	27	29	46:16.5
NOLAN	HENLEY	M	19	16-19	1581	50:29.7	8:08/M	8	48	52	50:31.2
JACOB	MORGAN	M	16	16-19	871	52:33.8	8:28/M	9	55	62	52:35.6
DAVID	RAYO	M	20	20-24	1498	34:18.4	5:31/M	1	2	2	34:19.5
JAKE	POWERS	M	20	20-24	1428	35:13.2	5:40/M	2	5	5	35:13.9
HOLTON	HEMBY	M	20	20-24	1577	36:31.9	5:53/M	3	10	10	36:33.0
JULIO	ALVAREZ	M	20	20-24	1274	41:57.6	6:45/M	4	17	17	42:27.0
SAM	BECKETT	M	24	20-24	1535	46:05.0	7:25/M	5	28	30	46:07.5
LANCE	HAMES	M	20	20-24	1580	1:01:20.3	9:53/M	6	77	102	1:01:22.4
DANIEL	RUSSEY	M	25	25-29	1339	43:33.4	7:01/M	1	22	22	44:07.0
WESLEY	WILLIAMS	M	26	25-29	1354	46:58.8	7:34/M	2	34	36	47:03.3
GARRICK	MONTGOMERY	M	29	25-29	1323	51:08.5	8:14/M	3	49	53	51:43.3
STEPHEN	RICKELS	M	26	25-29	1337	51:15.7	8:15/M	4	50	54	51:40.8
WILLIAM	DAVIS	M	28	25-29	1480	1:00:21.7	9:43/M	5	75	99	1:01:03.5
JERAMIA	CIBULKA	M	30	30-34	1470	36:56.4	5:57/M	1	11	11	36:56.4
RICHARD	CALL	M	32	30-34	888	46:28.4	7:29/M	2	33	35	46:31.5
NOLAN	BRETT	M	34	30-34	1278	51:51.6	8:21/M	3	53	58	52:12.8
JERRY	EDWARDS	M	33	30-34	1417	1:01:50.6	9:57/M	4	78	104	1:02:09.8
JONATHAN	WILKERSON	M	30	30-34	1401	1:14:07.2	11:56/M	5	91	145	1:14:55.4
TIM	SHREVE	M	30	30-34	1405	1:14:20.7	11:58/M	6	92	148	1:15:08.8
ROMAN	VELASQUEZ	M	37	35-39	1567	40:57.7	6:36/M	1	14	14	40:59.5
BRIAN	STOKES	M	38	35-39	1468	52:16.6	8:25/M	2	54	60	52:36.6
ALEX	PEOPLES	M	37	35-39	856	58:06.0	9:21/M	3	70	88	58:19.9
STEVEN	SZESZKO	M	36	35-39	1501	1:05:55.0	10:37/M	4	85	123	1:06:17.1
MARK	HUSBAND	M	39	35-39	1311	1:22:40.7	13:19/M	5	96	160	1:23:11.0
OSBORNE	KNOX	M	37	35-39	1463	1:31:15.5	14:42/M	6	99	166	1:32:11.9
JOHN	MORGAN	M	40	40-44	883	35:55.9	5:47/M	1	7	7	35:55.9
JEFF	BENNETT	M	44	40-44	1396	41:30.1	6:41/M	2	16	16	41:42.6
FROYLAN	FRANCO	M	43	40-44	1525	42:16.5	6:48/M	3	18	18	42:17.4
KENNY	ALMANZA	M	43	40-44	1484	48:49.4	7:52/M	4	38	40	49:28.6
ROBERT	PETERS	M	41	40-44	1477	49:19.9	7:56/M	5	40	42	49:26.2
WALTER	VIRDEN	M	43	40-44	1486	50:10.6	8:05/M	6	45	49	50:14.7
JEFF	GODBOLD	M	43	40-44	1544	55:11.0	8:53/M	7	61	72	55:25.4
JEREMY	OSTEN	M	41	40-44	857	57:06.1	9:12/M	8	67	83	57:19.8

First Name	Last Name	Gender	Age	Age grp	Bib#	Chip Time	per Mile	Group	Overall		
									Place	Place	Place
									In Age	In	(All
									Avg Pace	Finishers	"Gun" Time
MIKE	FLYNN	M	44	40-44	1255	59:56.4	9:39/M	9	74	97	1:00:28.7
JAMES	THOMAS	M	43	40-44	1347	1:03:42.4	10:15/M	10	80	109	1:04:31.8
STEVE	NYE	M	46	45-49	1565	36:06.1	5:49/M	1	8	8	37:02.6
STEVE	PURSER	M	46	45-49	1333	40:53.5	6:35/M	2	13	13	40:53.5
TOM	CEARLEY	M	48	45-49	895	41:24.9	6:40/M	3	15	15	41:27.1
GREG	PETTIGREW	M	49	45-49	1495	44:14.0	7:07/M	4	24	24	44:19.0
JOE	FLENNIKEN	M	48	45-49	1439	49:33.3	7:59/M	5	41	43	49:51.9
MICHAEL	THORNE	M	48	45-49	1348	49:34.3	7:59/M	6	42	45	49:52.6
SCOTT	RAMSEY	M	49	45-49	1526	50:27.3	8:07/M	7	46	50	50:54.5
THOMAS	MOZJESIK	M	45	45-49	1324	51:22.2	8:16/M	8	52	56	51:55.6
TIM	GUTHRIE	M	45	45-49	1266	55:34.8	8:57/M	9	63	75	55:54.0
JOHN	WILLMON	M	47	45-49	1355	55:37.7	8:57/M	10	64	76	56:05.3
SHAWN	LAWLER	M	45	45-49	1570	57:26.2	9:15/M	11	68	84	58:34.2
ANTONIO	JIMENEZ	M	49	45-49	1312	1:01:04.0	9:50/M	12	76	100	1:01:20.0
DAVID	LAWSON	M	46	45-49	1400	1:11:50.8	11:34/M	13	89	140	1:12:10.6
CHRIS	STEWART	M	51	50-54	893	42:40.4	6:52/M	1	20	20	42:42.4
MICHAEL	CLARK	M	51	50-54	1284	46:22.3	7:28/M	2	30	32	46:29.6
KEITH	BURGESS-JACKSON	M	54	50-54	1279	46:28.1	7:29/M	3	32	34	46:32.1
JIM	CASE	M	51	50-54	1410	48:33.2	7:49/M	4	36	38	49:00.5
PAUL	MEYER	M	51	50-54	1321	50:06.3	8:04/M	5	44	47	50:22.6
STEVE	LEBEAU	M	53	50-54	873	50:29.1	8:08/M	6	47	51	50:55.9
KEVIN	DOPP	M	51	50-54	1294	53:29.2	8:37/M	7	57	67	54:04.6
CHRIS	DIXON	M	51	50-54	1291	53:39.8	8:38/M	8	59	69	53:43.8
JOHN	GARCIA	M	50	50-54	1303	57:03.6	9:11/M	9	66	82	57:37.8
SVEN	BONANDER	M	53	50-54	887	58:14.7	9:23/M	10	71	89	58:29.7
TOMMY	DORGAN	M	51	50-54	1448	1:03:46.0	10:16/M	11	81	110	1:03:58.4
THOMAS	MCGAHAN	M	50	50-54	872	1:08:19.3	11:00/M	12	87	131	1:08:39.1
CHARLIE	HART	M	55	55-59	1306	43:06.2	6:56/M	1	21	21	43:08.6
ROBERT	GRIBBLE	M	56	55-59	1454	45:01.4	7:15/M	2	25	27	45:05.4
MICHAEL	THARP	M	56	55-59	1346	46:15.2	7:27/M	3	29	31	46:19.5
MANNY	FIGLIA	M	56	55-59	1298	46:24.6	7:28/M	4	31	33	46:30.5
PAUL	PETKOFF	M	57	55-59	1551	55:24.6	8:55/M	5	62	74	55:41.3
WALTER	WILSON	M	57	55-59	881	1:13:47.4	11:53/M	6	90	144	1:14:37.7
JOHN	ROSS	M	64	60-64	1338	51:21.9	8:16/M	1	51	55	51:25.3
TROY	PARNELL	M	61	60-64	1505	53:10.8	8:34/M	2	56	66	53:15.3
JACK	ENGLANT	M	63	60-64	1296	54:52.3	8:50/M	3	60	71	55:02.6

## Overall

First Name	Last Name	Gender	Age	Age grp	Bib#	Chip Time	Avg Pace per Mile	Place	Place	Place	"Gun" Time
								In Age Group	In Gender	(All Finishers	
GARY	PULVER	M	64	60-64	1331	1:22:35.2	13:18/M	4	95	159	1:23:13.8
JIM	ROSIER	M	61	60-64	1499	1:29:27.7	14:24/M	5	97	164	1:30:09.2
LARRY	MARSHALL	M	60	60-64	1258	1:39:06.3	15:57/M	6	101	170	1:39:25.2
DOUG	GILPIN	M	69	65-69	1305	53:35.5	8:38/M	1	58	68	53:35.5
ROBERT	WYATT	M	65	65-69	1356	57:33.4	9:16/M	2	69	85	57:40.7
LARRY	HOOVER	M	69	65-69	876	58:32.0	9:26/M	3	72	90	58:41.7
JAMES	RUNZHEIMER	M	66	65-69	1471	1:04:38.4	10:24/M	4	83	118	1:04:51.1
MICHAEL	FORTIN	M	67	65-69	1301	1:06:19.4	10:41/M	5	86	125	1:06:33.8
PHONE	WANG	M	66	65-69	885	1:10:54.1	11:25/M	6	88	136	1:11:35.5
JOHN	CHESNUT	M	67	65-69	1366	1:29:58.7	14:29/M	7	98	165	1:30:46.6
WALLY	CAPPS	M	71	70-74	1539	48:33.1	7:49/M	1	35	37	48:35.1
CHARLES	GRAY	M	72	70-74	1500	1:02:43.3	10:06/M	2	79	106	1:02:54.8
JOHN	TENNISON	M	70	70-74	1345	1:04:50.1	10:26/M	3	84	120	1:05:28.0
ROBERT Z	CUNNINGHAM	M	80	80-Over	1288	1:39:10.9	15:58/M	1	102	171	1:39:27.3